



PROGRAMME: **INTRODUCTION TO TEAM LEADERSHIP (LEVEL 3)**  
FACILITATOR: **PAUL**

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**“The course equipped me to learn more about myself.”**

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I was looking for some leadership training as I often act in a team leader role but with a virtual approach. Formalising some training was a way to push myself to not just be the relationship person but also to be the leader in those spaces. I expressed this to my boss and the opportunity came up to attend this course.

Varying my leadership style is the biggest lesson and the biggest challenge. Even styles I hated have a time and a place to be used. Learning when to use them has helped me in my role to gain the skills to get things done as well as to bring the team together. Branching out into those other skill sets has been a learning curve for me, as well as challenging and rewarding.

I found that the most rewarding part was the reflective journals. They were great because they allow you to question why you did things, and how you could approach them. The course equipped me to learn more about myself. I've kept up the journaling habit now for over a year and do reflect at the start or the end of the week.

Time management was probably the module I needed to pay the most attention to. And then 2020 was like 'hold my beer'! But I was committed, I just had to get on and get it done.



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**“The facilitator was very supportive and encouraging. He kept pushing me to get it done. Hats off to him, and hats off to the organisation for having the structure and support in place as well.”**

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On reflection, I definitely would recommend the course. I think there is a great balance between online learning and classroom recaps, the physical application, then the reflection. It definitely stretched across the various learning styles and it served to drive home some key messages. I don't think there is one aspect of the course that made it a success. It's the overall model of the course and the way it comes together that led to the success.